

## F. Research on effective approaches to reducing student bullying

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Bullying is a long-standing issue across all of society. Given its impact on students and the roles that schools play, it has been the subject of a substantial body of research examining ways that schools can respond to and reduce bullying. We engaged subject matter experts from a Queensland university to review the existing global research and confirm proven approaches to reducing bullying.

Current research identifies that effective approaches to reduce student bullying:

- take a holistic, whole-school approach which
  - establishes school-wide anti-bullying policies
  - focuses on preventing bullying in key environments including the classroom and playground
  - promotes a culture of reporting bullying
  - partners with parents/carers
- use responsive anti-bullying approaches, including
  - direct sanctions (such as suspensions and expulsions)
  - restorative practice (such as counselling and education)
- deliver educational content that supports
  - rigorous implementation of a holistic school approach to prevent and respond to bullying
  - students to develop social and emotional competencies
  - students to learn appropriate ways to respond to bullying
- provide support and professional development to teachers and other school staff on how best to maintain a positive school climate
- ensure systematic program implementation, monitoring, and evaluation
- work with the broader community to address the complexity of bullying.

